Supportive Behaviors for managers and leaders

Model the following behaviors to support others during change.

Be Authentic

- Create transparency.
- Confront reality.
- Practice accountability.
- Keep commitments.

Be Empathetic

- Understand their state of mind.
- Recognize the experiences of others.
- Put yourself in other's shoes.
- Maintain an engaging tone.

Be Visible

- Encourage your employees to check in.
- Make time in your calendar for discussion.
- Be seen and heard.
- Be accessible and open.

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